

# Gene LeBell's Grappling And Self-Defense For The Young Adult (Heritage Series) By Gene Labell

By Gene Labell

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## Bob Ryder - Books, Biography, Contact Information -

Bob Ryder is a published illustrator of young adult books. A published credit of Bob Ryder is Gene Lebell's Grappling and Self-Defense for the Young Adult (Heritage

<http://www.jacketflap.com/bob-ryder/17774>

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### **Kampai Budokai Reading List - Scribd -**

Kampai Budokai Reading List Young Adult. More Audiobook Gene LeBell's handbook of self defense, Pro Action Heritage series, 1996

<https://www.scribd.com/doc/271090823/Kampai-Budokai-Reading-List>

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Gene Lebell's Grappling and Self-Defense for the Young Adult (Heritage Series) by Gene Labell, Gene Lebell Paperback, 144 Pages, Published 1996 by Pro-Action Pub.

[http://www.gettextbooks.com/author/Gene\\_Labell](http://www.gettextbooks.com/author/Gene_Labell)

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Gene LeBell's Handbook of Self-Defense (Heritage Series) Gene LeBell's Grappling World - The Encyclopedia of Finishing Holds - 3rd Edition. Pro-Wrestling Finishing Holds.

<http://www.malineage.com/martial-artists/Gene-Lebell>

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Gene LeBell's Grappling and Self-Defense For the Young Adult (Heritage Series) [Gene Labell] on Amazon.com. \*FREE\* shipping on qualifying offers. Learn grappling

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### **Gene Labell - Books, Biography, Contact -**

Gene Labell is a published author of young adult books. Published credits of Gene Labell include Gene Lebell's Grappling and Self-Defense for the Young Adult

<http://www.jacketflap.com/gene-labell/54043>

### **Amazon.com: Gene Lebell's Grappling and -**

This is by the great Gene LeBell. His self defense techniques are very effective if trained for enough. There are plenty of moves for every situation.

<http://www.amazon.com/Lebells-Grappling-Self-Defense-Heritage-Series/dp/0613844408>

### **Printing a Post - Steven Seagal - Dave Draper -**

Post: Steven Seagal Ireland Old hand here on IOL It might have been Judo Gene LaBell who cleaned his clock, "makes good sense" self defense moves or fighting.

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### **Judo\'' Gene Lebell - Bokrecensioner -**

(Heritage Series (Los Angeles, Calif.)) Judo and self-defense for the young adult Gene Lebell's Grappling and Self-Defense for the Young Adult

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Gene Lebell - Save with New Judo and Self-Defense for the Gene LeBell. Paperback \$11.68. The Godfather of Grappling Gene Gene Lebell. Hardcover \$20.85

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Judo Gene, Gene La Bell, Gene Gene LeBell Books. Gene LeBell's grappling and self-defense for the young adult; Grappling master; Judo and self-defense for the

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### **Judo Gene LeBell: Wrestling is The Ancestor of -**

Gene LeBell is an American Judoka Jiu-jitsu comes from too tightly wrapped, he teaches his own brand of practical self-defense. If anything, LeBell

<http://www.bjee.com/articles/judo-gene-lebell-wrestling-is-the-ancestor-of-jiu-jitsu-judo-sambo/>

### **Thriftbooks Authors -**

Judo and self-defense for the young adult (Tut books. G) Gene LeBell's Grappling World, Judo and self-defense for the young adult (Tut books. G) Gene Lebell

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## **Gene LeBell on Training, Weaknesses, Workouts and -**

Gene LeBell: Yes. In self-defense,

<http://www.blackbeltmag.com/daily/mixed-martial-arts-training/grappling/gene-lebell-on-training-weaknesses-workouts-and-respect/>

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